



## Information Packet

### Teen Adventure Camp - July 13-18

#### Parents Take Note:

Campers need to be in good physical condition, willing to sleep outdoors, cook their own meals, and prepared to hike 5 or more miles with their belongings on their backs.

Our 2025 trip will take Explorer Campers to “Cooks Forest State Park.” Cooks Forest is a Natural National Landmark, known for its deep forest and virgin trees. Campers will backpack 5 miles of “The North Country Trail System” into Cooks Forest. They will spend 2 nights and 3 days exploring Cooks Forest, including a 2.5-mile tubing trip down the Clarion River.

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## Introduction

Greetings from Penn-York Camp,

We are looking forward to a great week of camp. Below you will find some basic information concerning camp this summer. Please review this information, and if you have any questions, please contact us.

God Bless,

Crissie  
Office Manager

## Check In (Drop Off)

Check in for **Teen Adventure Camp** is on **Sunday, July 13 between 4-5 p.m.** All parents and campers should come to the **Pavilion (Next to the Alpine Center at the top of the hill)** to check in for camp.

**The “Medical Forms and PYC Program Release Form” should be completed before arrival.** These forms are normally completed with registration or emailed to you right after registration. If you have not received these forms, please contact the PYC office.

## Check Out (Pick Up)

Check out will begin at **6 p.m. on Friday at the Pavilion.**

Parents are asked not to arrive early as this will interrupt scheduled activities. Parents can drive to the checkout location and our staff will walk you through the checkout process, which involves receiving a checkout ticket allowing our staff to release your child to you. **DO NOT** go directly to the cabins as our staff are not permitted to release your child to you until you have signed them out.

If a person other than a parent/legal guardian will be picking the camper up, or if the camper will need to be picked up before the designated pick up time, then the parent must fill out the **“Pick Up – Release Form”** (located at the end of this info packet) and hand it in when you drop your child off for camp. If unforeseen circumstances make it so that you were not able to turn in the Pick Up – Release Form, you will need to contact the Camp Office by phone. **\*\*\*PYC will not release campers without this verification.\*\*\***

## Contacting Your Children at Camp

Parents are encouraged to write to their children while at Camp. A letter from home is often very encouraging to campers. There are two ways that a parent can do this. The first is by snail mail. If you contact your child by snail mail, we recommend that you send the letter before the week of camp starts, that way your child will be sure to receive the letter during their stay at Camp. If a letter arrives late, we do not return it to the sender. To send mail to camp, use the following address.

Penn-York Camp  
Attn: *Camper's Name*  
266 Northern Potter Rd.  
Ulysses, PA 16948

The second and faster method is to use email. To send your child an email at camp, send the email to [pennYork@pennYork.com](mailto:pennYork@pennYork.com) and put Attn: *Camper's Name* in the subject line. We will then print off the email and give it to your child.

*Please do not try to contact your camper by phone.* The reason we ask this is because we have found that a phone call will often make a camper feel homesick. Therefore, we ask that parents do not call our office and ask to talk to their child. We know that this is a lot to ask, but please trust us; your child will have a great time, and we will contact you if there are any issues.

## Dress Code at Penn-York Camp

- Modesty the Penn-York Definition: Penn-York Camp encourages campers to dress modestly, consistent with the instructions provided in 1 Timothy 2:9. Practically applied, shorts should be mid-thigh or longer, tank tops are permitted if not low cut at the neckline. Camis and spaghetti straps are not allowed. Underwear, cleavage, bras, and tummies should not be exposed. Immodest swimwear will require a cover up such as a dark t-shirt and/or shorts. Camp staff will provide counsel and suggestions pertaining to modesty, and if necessary will require campers to change.

## Packing List

### Please Remember:

**Pack in such a way that camper's belongings can be easily transported. Include at least 2 liters worth of water bottles. We recommend also packing clothing items that remain warm when wet (wool and fleece).**

### Packing List:

- Campers need to bring appropriate hiking clothing and footwear. Sneakers are not recommended footwear.
- Pack light! A raincoat, a set of clothing for hiking and a set of clothing for sleeping is usually sufficient for summer backpacking.
- Bring multiple pairs of underwear and hiking socks.
- Camp provides packs and hammocks if needed, but if they have gear of their own, they should bring it.
- Modest Swimsuit and Summer Wear
- Sleeping Bag
- Pillow
- Sandals
- Soap and Shampoo
- Towel and Washcloth
- Bible
- Light Jacket
- Water-bottle (s) (At least 2 liters worth)
- Medications (Will be given to the health officer)

### You May Also Want To Bring:

- Camera
- Flashlight
- Musical Instrument
- Bug Spray
- Sunscreen
- Hat
- Sunglasses
- Additional Spending Money (All campers start with a \$10 credit towards the camp store.)

### Do Not Bring:

- Any type of electronic storage device that plays music or accesses the internet (iPods or MP3 players)
- Cell Phones
- Laptops
- Other Electronic Entertainment Gear
- Tobacco
- Alcohol
- Drugs
- Pornography
- Weapons (Penn-York Camp allows explorer and adventure campers to bring knives. However, campers cannot bring a knife with a blade length of over 4 inches.)

## For More Information:

Go to our website [www.pennyork.com/camp](http://www.pennyork.com/camp), and click on “FAQ.” There you will find some additional info concerning our summer camps.

Or

Feel free to call us. We are in the office Monday – Friday from 8:00 a.m. till 4:00 p.m. We would be glad to answer any further questions that you may have.



*266 Northern Potter Rd.*

*Ulysses, PA 16948*

*Phone: 814-848-9811*

*Fax: 814-848-7471*

*Email: [pennyork@pennyork.com](mailto:pennyork@pennyork.com)*

*Web: [www.pennyork.com](http://www.pennyork.com)*



### Pick Up: Release Form

This form must be filled out by Parents/Legal Guardians **only** if someone other than the Parent/Legal Guardian will be picking the camper up from camp.

I \_\_\_\_\_ give my permission for \_\_\_\_\_  
 Name of Parent/Legal Guardian Name of Camper

to be picked up and leave camp, with the following individuals:

Name(s): (Please include dates if your Camper can only be picked up by certain people on specific days.)

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***If you have additional requirements or legal issues that do not allow the child to be picked up by certain people. Please provide that information here:***

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**Penn-York Camp & Retreat Center**  
 266 Northern Potter Rd.  
 Ulysses, PA 16948  
 814-848-9811  
 www.pennyork.com  
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